



# Aquatics Training & Certification Classes 2016

## Registration:

1. Place name on Interest List by phoning (909) 384-5233.
2. Attend a Pre-Course *Swim Test* to qualify as a candidate for training.
3. Upon successful completion of the *Swim Test*, make two payments to the Parks, Recreation and Community Services Department: a) registration fee payable to the *City of San Bernardino* and b) the American Red Cross (ARC) Authorized Provider Fee of \$35.00 payable to the American Red Cross via money order or cashier's check
4. Attend **ALL** in- and out-of-water training classes on time at the location TBD.

## LIFE GUARD TRAINING CERTIFICATION

Successful completion of this course certifies you in American Red Cross (ARC) Lifeguard Training, CPR for the Professional Rescuer, and First Aid. The first class meeting is held at a site TBD. Classroom instruction will take place at the Parks, Recreation and Community Services Main Office. You must attend all class dates and times and be on time in order to attain certification. Swim Test Time: 5:00pm-7:00pm, location TBD.

### CLASS #1: April 15, 16,17,22,23 (Swim Test April 8)

April 15 & 22: 5:30pm - 8:30pm  
 April 16 & 23: 9:00am - 5:00pm  
 April 17: 12:00pm - 5:00pm

### CLASS #2: May 6,7,8,13,14 (Swim Test April 29)

May 6, 13 5:30pm - 8:30pm  
 May 7, 14 9:00am - 5:00pm  
 May 8 12:00pm - 5:00pm

### CLASS #3 June 3,4,5,10,11 (Swim Test May 26)

June 3 & 10: 5:30pm - 8:30 pm  
 June 4 & 11: 9:00am - 5:00 pm  
 June 5 12:00pm - 5:00 pm

*Cost: \$125.00 Resident, \$135.00 Non-Resident payable to City of San Bernardino plus \$35.00 cashier's check or money order payable to American Red Cross You must be 15 years of age or older. There must be a minimum of four students registered on the Wednesday before your class to avoid class cancellation.*

### **Lifeguard Training Instructor:**

The purpose of this instructor course is to train instructor candidates to teach American Red Cross Lifeguarding Program. You must be at least 17 years old on or before the last day of class and possess a current American Red Cross certificate for Lifeguarding/First Aid/CPR/AED. You must successfully complete the course prerequisites to participate in class. Must have six pre-registered students by June 9<sup>th</sup>.

Cost: \$150.00 Resident  
 \$165.00 Non-Resident  
 Dates: June 20, 21, 22, 23  
 Time: 10:00 am - 3:00 pm  
 \*Instructor will contact you with additional course prerequisites

### **WATER SAFETY CLASS**



This American Red Cross course will provide information about various aquatic environments and inform the general public on how to safely participate in aquatic activities. This course may meet the requirements for group homes, foster homes and adopting parents who own a pool. *Must have four (4) pre-registered students by Thursday prior to class to avoid cancellation. Class begins promptly at 6pm!*

**Cost:** \$40.00 individual/\$60.00 couple Resident  
 \$44.00 individual/\$66.00 couple Non-Res  
**When:** Tuesdays  
 4:00pm - 6:00pm  
 March 1 /April 5 / May 3  
**Location:** PRCS Main Office



**PARKS, RECREATION &  
COMMUNITY SERVICES  
DEPARTMENT**



For more information please contact:  
 Parks, Recreation & Community Services Department  
 201 North 'E' Street, Suite 301  
 \*Some Class locations to be determined\*