

Dance Your Way to Fitness at the San Bernardino Public Library

The San Bernardino Public Library will present a free introductory class of Zumba for teens and adults on Saturday, February 8, 2014 at 2:00 PM in the Kellogg Rooms at the Feldheim Central Library at 555 W. 6th Street in San Bernardino.

Zumba combines Latin and International music with a fun and effective workout system. Licensed fitness instructor Alma Frisk will present this high energy, fun way to exercise.

This event is sponsored by the Friends of the San Bernardino Public Library. For more information call 909-381-8238.

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