

FARM SHARE REGISTRATION

A Farmshare is your ticket to a weekly supply of fresh, honest, local food sourced from right here in Southern California.

- City Hall (300 North D Street), under breezeway
- Thursdays 11:30AM-1:30PM



Name: _____
Phone Number: _____
Email: _____

Full Share \$364 or Medium Share \$234

**To sign up, return this registration form and
a check to the 6th Floor of City Hall**

healthysanbernardinocoalition@gmail.com

[www.facebook.com/
downtownsb
farmsharemarket](https://www.facebook.com/downtownsbfarmsharemarket)

Brought to you by:



**Downtown
San Bernardino
Farmshare Market
2014 Spring Schedule
Thursdays at City Hall
11:30AM-1:30PM**

April 10

April 17

April 24

May 1

May 8

May 15

DOUBLE May 22

NONE May 29

June 5

June 12

June 19

DOUBLE June 26

NONE July 3

Summer season begins July 10

Brought to you by:



FIRST 5
SAN BERNARDINO



KAISER PERMANENTE

HEALTHY
San Bernardino





Why Us	How it Works	IOC-Eaters	Save Groves	Sign Up	Host a Site	Blog
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What We Have

Home > How it Works > What We Have

We can guess what you want to know: so what kinds of fruits and veggies are in an Old Grove Farm Share?! The wonderful thing about being located in Southern California is that we can grow delectable produce all year-round. Here's a list of the kinds of **yummy treats** you can expect to find at one point or another in your Old Grove Farm Share:

+ **Fall Season**

+ **Winter Season**

- **Spring Season**

Baby Potatoes, Fava Beans, Beets, Radish, Cabbage, Collards, Onions, Swiss Chard, Broccoli, Kale, Lettue, Spinach, Sugar-Snap/Snow/Shelling Peas, Baby Carrots, Purple/Orange/Yellow Carrots, Cucumbers, Summer Squash, Asparagus, Avocados, Grapefruit, Lemons, Oranges, Mandarins, Tangelos, Canteloupe, Watermelons, Herbs

+ **Summer Season**



What's More...

While we think you'll be immensely satisfied with the delicious fruits and vegetables, there's more. Knowing your food means knowing where your food is grown; that's why we have events here at the **Old Grove Hub!** Like we've mentioned elsewhere, Old Grove Farm Share is a group of 28 farmers; our flagship farm, though, is located in Redlands at the base of the Crafton Hills, and we'd love for you to come check us out. We'll be posting news on our blog and on Facebook, so stay tuned.



Terms & Conditions of the Downtown San Bernardino Farmshare Market

1. **Farmshare:** pre-paid weekly delivery of fruits and vegetables for 13 weeks/3months; 4 seasons/year
2. **Pricing:** full share: \$364, suggested for a family of 4 (\$1/person/day); medium share: \$234, suggested for a family of 2 (\$1/person/day)
3. **Payment:** at this time, only checks made out to Old Grove Orange are being collected by the City on the 6th Floor of City Hall
4. **Where I can access a registration form online and how to submit:** visit www.facebook.com/downtownsbfarmsharemarket or the City's website, and bring completed registration packet, with a check made payable to Old Grove Orange, to the 6th floor of City Hall Monday-Friday 8:30-11:30AM or 12:30-4:30PM; hard copies are also available there
5. **How I know I have been admitted:** you will receive a confirmation email and/or call
6. **Schedule:** every Thursday from 11:30AM-1:30PM, with some holiday exceptions - these will be noticed; **rain or shine**
7. **What produce I can expect:** around 5 different fruits and veggies and 1 herb; the farmer's goal is to provide complimentary items to make a salad, a stir fry, on the go snacks and something "adventurous" (see link for season specific lists: <http://oldgrovefarmshare.com/how-it-works/what-we-have/>)
8. **How much I can expect:** while there is no weight measure, full shares, on average, accommodate a family of 4, and medium shares, on average, accommodate a family of 2 for a week
9. **What to do if I get items I do not know what they are:** there will be recipe exchanges and printouts; information on items will also be posted to the group FB page
10. **What to do if I get items I do not like:** feel free to switch with other participants, or leave unwanted items in bins; items left will be donated
11. **I did not get any of x or y:** please notify someone at the market, if this occurs; note, to ensure freshness, items are sometimes picked or changed last minute; quantities may also be estimated, resulting in a shortage of items; the market is doing its best to ensure you get your fair share every week, you will notice a "check-out process" to also help; medium shares will also receive less in quantity and variety – consider teaming up with someone else
12. **I am a family of 1:** consider teaming up with someone
13. **What I can do when I cannot make it on a pick up day:** email healthysanbernardinocoalition@gmail.com @ least 24 hours in advance, and let them know who will be attending in your place
14. **Parking:** there is timed parking along D Street and in the lot off of Court & D Street, Court & E Street, and in the parking structure with entrances on 2nd & D, 2nd & E and 2nd
15. **Bring Your Own Bags:** in an effort to conserve resources, please bring your own canvas and/or plastic bags
16. **What happens to uncollected produce:** all unclaimed produce will be donated to community agencies
17. **The volunteer and "food security" requirement:** for each medium share, participants volunteer 2 hours/season; for each full share, participants volunteer 4 hours/season; there are two shifts: set-up 10:30AM-12:30PM and clean-up 12:30-2:30PM; there is an opt out option: for each medium share, it is \$6/season; for each full share, it is \$12/season; funds collected will go to augment shares for families who have requested subsidies (based on federal poverty guides); if you do not complete your hours or opt out by the 2nd to last market day, your week's share will be donated
18. **Feeding the homeless/panhandlers:** as mentioned previously, the Healthy San Bernardino Coalition is working diligently to combat food insecurity; as such, the Market is not the correct forum to provide food for homeless individuals/panhandlers passing by
19. **How I can get more involved:** the Healthy San Bernardino Coalition is comprised of various agencies working to improve access to healthy foods and increased physical activity, and it meets the 3rd Thursday of every month @ 8:30AM in the conference room on the 6th floor

20. **How to request a refund:** refunds will be granted if the minimum amount of full shares (20) are not secured and paid for by the beginning of a season; for all other inquiries, they will be made on an individual basis at the determination by Old Grove Orange, and in some cases, the City
21. **Benefits of local produce:** no waxes or acids because they are not traveling far; less to no chemicals
22. **Organic vs. natural:** please visit Old Grove's site for details:
<http://oldgrovefarmshare.com/why/organic-buzz/>
23. **Origins of the Farmshare:** a) the environment in the IE is rich for farming, but corporate farming is making it difficult for farmers to compete b) the Asian Citrus Psyllid is a small insect carrying a bacteria that will be killing off all citrus trees within the next 10 years (CA is the last area to be affected); Old Grove Orange reached out to the Healthy San Bernardino Coalition to begin its first pilot season
24. **Future enhancements to the Farmshare Market:** Farmshares will be the star, but the hope is to attract food trucks, food vendors (i.e. fresh baked bread and honey), resource booths, a walking club, recipe exchanges, cooking demonstrations and more to build community and a real marketplace for downtown employees and residents
25. **Old Grove Orange:** a consortium of approximately 30 'local farmers working to connect local eaters to local farmers;' for more information, please visit their website <http://oldgrovefarmshare.com/>
26. **Contact information:** email healthysanbernardinocoalition@gmail.com, visit www.facebook.com/downtownsbfarmsharemarket or call (909)384-5133

I, _____, have read and agree to the terms and conditions set forth for the Downtown San Bernardino Farmshare program.

Signed: _____ Date: _____

City of San Bernardino VOLUNTEER RELEASE & WAIVER OF LIABILITY



Required by the City of San Bernardino for all volunteers.

Please read carefully! This is a legal document that affects your legal rights.

I want to participate in volunteer activities for the City of San Bernardino, henceforth referred to as City. As a City volunteer, I freely, voluntarily, and without duress execute this Release and Waiver under the following terms:

1. Assumption of Risk. I understand that my work for the City may include activities that are hazardous and/or physically strenuous and that I may be exposed to personal injury or damage to my property as a result of my activities, the activities of other persons, or the conditions under which my services are performed while participating in City volunteer activities. Though the City will provide me with support, supervision, training, and supplies to accomplish assigned tasks, I agree to the following:

- I will follow all instructions provided by the City, its employees, or volunteer coordinators.
- I will only use equipment that I know how to operate and use safely.
- I will not undertake any activity for which I do not feel sufficiently prepared or able and until I have received instructions.
- I will take all reasonable precautions to avoid injury to myself and to others and damage to property.
- Finally, I agree to assume the risk of injury or harm and release the City, its officers, directors, employees, and other City volunteers from all liability for injury, illness, death, or property damage arising from my work as a volunteer.

2. Waiver and Release. I hereby release and forever discharge and agree to indemnify, protect, defend and hold the City, its elected officials, boards, commissions, officers, agents and employees free and harmless from any and all claims, liabilities, losses, liens, damages, costs and expenses resulting from injury or death of any person or persons' property damage or that may arise out of my work as a volunteer. I understand that this release discharges the above entities from any liability that may result from my work whether or not caused by the negligence of the City.

3. Medical Treatment. I release and discharge the City from any claim that arises or may arise due to any first aid, medical treatment, or service rendered to me.

4. Insurance. The City does not have responsibility for providing any health, medical or disability insurance coverage for me.
IT IS MY RESPONSIBILITY AS A VOLUNTEER TO ENSURE I HAVE MEDICAL/HEALTH INSURANCE.

I understand that if I drive my personal vehicle for City business while volunteering, I must have a valid driver's license and proof of auto insurance.

5. Photographic Release. I grant to the City the right to use photographic images and video or audio recordings of me that are made by the City or others during my volunteer work for the City.

6. Duration of Release. My agreement to the terms in this Release & Waiver applies as long as I volunteer for the City.

7. Other. I agree that this Release and Waiver is intended to be as broad and inclusive as permitted by the laws of California and that this Release and Waiver is governed by and will be interpreted according to the laws of California. I understand that should any part of this Release and Waiver be ruled invalid by a court, the other parts will remain valid and continue to be in effect.

I certify that I am at least eighteen (18) years of age or have had this document signed by my parent or guardian.

PRINT Adult's Name

If consenting for a minor, print name(s) on lines above and below

Street Address

City, State, Zip

Telephone

E-mail Address

Signature

Date

Emergency Contact

Telephone