

**CITY OF SAN BERNARDINO
PARKS, RECREATION AND COMMUNITY SERVICES
DEPARTMENT**

OFFICIAL APPLICATION BOOK



**“PROMOTING FITNESS AND THE SPIRIT OF COMPETITION
WINNERS ALL”**

**OCTOBER 3 – OCTOBER 10, 2014
FOR PERSONS 50 YEARS AND BETTER**

JOIN US IN A CELEBRATION OF LIFE AND WELLNESS



*Welcome Athletes
To The
2014 Inland Empire Senior Games*

LET THE GAMES BEGIN!

The City of San Bernardino Parks, Recreation and Community Services Department is delighted to bring back the Inland Empire Senior Games.

The Annual Senior Games are scheduled to take place Friday, October 3 through Friday, October 10, 2014.

Welcome back to those of you who have participated previously! To those of you who have not participated in the Senior Games in the Inland Empire, we extend an invitation to join us for another year of fun and friendly competition.

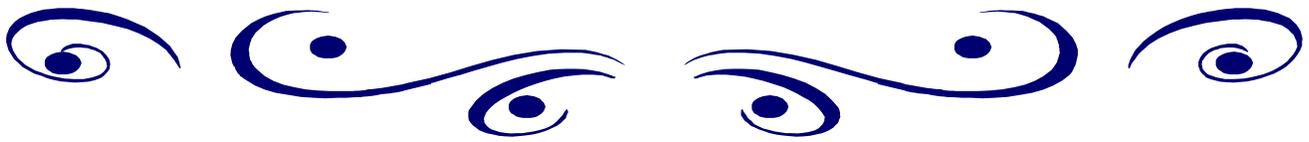
Competition in most events range from novice to experienced athletes, so there is something for everyone.

The Board has worked hard to make these games a success. We are pleased to be able to offer a setting that allows mature athletes to demonstrate their skills.

Sponsors and venues are to be commended for their support of these games. Their efforts provide the backdrop for senior athletes to excel at their personal best. We believe the best-attempt performance far exceeds the thrill of victory.

“Promoting Fitness and the Spirit of Competition”
“WINNERS ALL”

LaKeisha Jackson
LaKeisha Jackson
Games Coordinator



THE 2014 INLAND EMPIRE SENIOR GAMES

PRESENTED BY:

**CITY OF SAN BERNARDINO
PARKS, RECREATION AND COMMUNITY SERVICES DEPARTMENT
&**

**CO-SPONSORED BY:
THE LOMA LINDA DRAYSON CENTER
(BASKETBALL)**

VENUE SPONSORS:

**FIFTH STREET SENIOR CENTER (OPENING & CLOSING CEREMONIES)
*SAN BERNARDINO***

**DRAYSON CENTER (BASKETBALL & 5K 10K WALK AND RUN)
*LOMA LINDA***

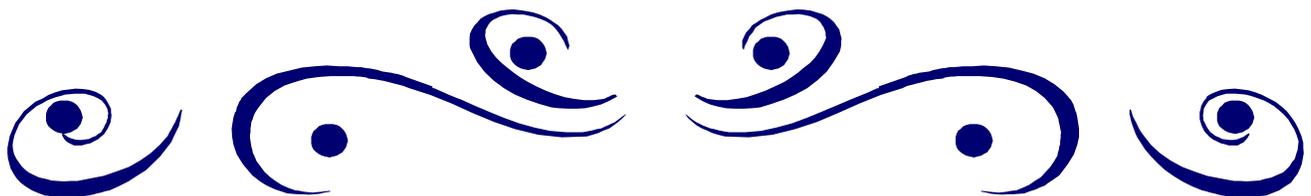
**TOM SAWYER SWIM CENTER (SWIMMING)
*RIALTO***

**PLYMOUTH VILLAGE (ART COMPETITION)
*REDLANDS***

**THE POOL CLUB (BILLIARDS TOURNAMENT)
*SAN BERNARDINO***

**PERRIS HILL SENIOR CENTER (HORSESHOES)
*SAN BERNARDINO***

***SHANDIN HILL GOLF COURSE (GOLF)
SAN BERNARDINO***



General Information

ELIGIBILITY & AGE DIVISION

Any person age 50 or older as of **December 31, 2014**, may participate in the 2014 Inland Empire Senior Games. Proof of age may be required. Age divisions are in five year increments: 50+, 55+, 60+, etc. There is no upper age limit. We reserve the right to cancel or combine age groups in any event due to insufficient entries or other conditions. **The age division for all doubles and team sports is determined by the age of the youngest player as of December 31, 2014.**

RULES

All competition will be conducted in accordance with the rules established by each Sports Federation and as modified by the U.S. National Senior Sports Organization (USNSSO).

AWARDS

Medals will be awarded to the 1st, 2nd, & 3rd place winners in each event for each division. Ribbons will be given to the 4th, 5th & 6th place finishers. The Venue Coordinator will present all awards at the completion of each event.

HOW TO ENTER

Turn to the Entry Form insert and choose the sport or activity of your choice. Select the events you would like to enter and mark them on the form. For Basketball, an individual form **MUST** be submitted for each player along with the **TEAM FORM**. The Team Captain must submit all forms together with the appropriate registration, event, and/or team fees.

FEES

A registration fee for each participant is \$15, which covers administrative costs, T-shirts, medals, ribbons, program, opening ceremonies, gift bag, reception, and results book. IESG contributions are only paid once. Event prices for specific activities are listed on the Schedule of Events.

TEAM REGISTRATION

For team sports (Basketball) the captain is responsible for collecting each team members individual entry form and payment. All entry forms, fees, and team roster should be submitted together by the team captain. **A team will not be processed for competition until the individual entry forms, signed liability waiver, team entry form, team roster, and contribution for ALL team members are received. Each team member must also register and pay the registration fee of \$15. Basketball and Golf do not have to pay registration fee. Deadline September 25, 2014.**

General Information

CONFIRMATION

For registrations received by September 19th, confirmation of Entry Application will be mailed to participants. This will include your individual schedule, details of special events, and a map to your sport venue(s). **If you have not received your confirmation by September 26, 2014, please call (909) 384-5430.** If you register after September 15th, your confirmation can be secured by phone at the venue/event.

NOVICE

You do not need to be an expert to participate in the Senior Games. All activities are open to novices and several events have separate divisions. Level of competition will vary from sport to sport.

REGISTRATION

Please sign in and pick up your packet at the Fifth Senior Center, located at 600 West 5th Street, San Bernardino, 1 pm - 5 pm, on Friday, October 3rd. After that, the Registration Desk will be open 8 am - 12 pm each day at the Fifth Street Senior Center. You should register and pick up your packet before your first event. If you are unable to pick up your packet during Registration Desk hours, you must pick up your packet at the venue of your first event (extra t-shirts \$15 at Registration Desk). Registrations will be accepted through September 26, 2014.

CHECK-IN

Athletes may pick up their t-shirt, goody bag, and official program at the Packet Pick-Up Party or at their first event check-in. Check-in for most sports will be a half-hour before competition. **No t-shirts will be mailed out.** Athletes will only receive one t-shirt and goody bag regardless of how many sports they enter.

EQUIPMENT

Participants are required to provide their own equipment for the events entered. Please be sure to mark your personal items and do not leave valuables unattended. The City of San Bernardino is not responsible for the loss or damage of any athlete's personal equipment.

SPORTSMANSHIP/CONDUCT

Unsportsmanlike or disorderly conduct on the part of competitors or coaches will be grounds for immediate removal and disqualification from competition without a refund.

UNIFORMS

All athletes must wear athletic-type clothing and shoes customary for the sport(s) in which they are competing. Team sports require like color and style numbered uniforms. Clothing and shoes that are inappropriate may be grounds for disqualification. The Venue Coordinator has authorization to make this determination. If you have any questions, please contact the Venue Coordinator at (909) 384-5430.

General Information

ART COMPETITION

Delivery of Art: Deliver art to Plymouth Village, Kendall Place, 120 E. Palm Avenue, Redlands, Friday, October 3rd, 11 am - 4 pm. Artwork will be displayed at Plymouth Village October 6th through October 9th, 11 am - 4 pm. Artwork must be picked up immediately following the Awards Ceremony scheduled for October 9th at 11 am. I.D. must be presented to retrieve artwork. **Judging:** The San Bernardino Art Association will provide a fully-qualified judge. **Specifications:** Watercolors and graphics must be under glass or plexiglass. ALL ARTWORK MUST HAVE SCREW-EYES AND WIRE ATTACHED ¼" (ONE-FOURTH) FROM THE TOP OF THE FRAME. ALL ARTWORK MUST BE FRAMED. Oversized artwork will be displayed at the discretion of the Chairman. **Liability:** All reasonable care will be taken to assure proper handling of entries. The City of San Bernardino Parks, Recreation and Community Services Department and Plymouth Village do not assume responsibility for damage or loss.

MEDICAL ASSISTANCE

Athletic Trainers and/or Physicians will be on site at most of the events. Emergency medical assistance will also be in place at most events. If you must be transported by ambulance, it will be at your own expense.

EVENT CANCELLATION/POSTPONEMENTS

In the event of inclement weather or unusual extenuating circumstances, Games Officials reserve the right to cancel or postpone outdoor events to a later time / date. During the games, call Games Information (909) 384-5430 if the weather looks uncertain. The City of San Bernardino also reserves the right to cancel any event due to insufficient entries and reserves the right to combine age divisions. Refer to the refund policy for refund information. **There will be no refunds for events cancelled due to weather.**

ENTERING MORE THAN ONE SPORT

Those entering more than one sport will only need to pay the IESG contribution once and must be aware of possible conflicts in the schedule. No competition will be delayed to remedy a conflict. No refunds will be given, and no schedule changes will be made to accommodate multi-sport entries.

PROTEST POLICY

An athlete desiring to make a protest regarding any aspect of a competition shall do so to the Venue Coordinator at the time of event. Initial protests may be oral or written. If an oral protest is denied, a written protest may be submitted to the Coordinator provided it is done within 24 hours of the circumstances causing the protest. The Coordinator will evaluate the protest and render a decision. All decisions are final and not subject to further appeal.

REFUNDS

THERE WILL BE NO REFUNDS

2014 INLAND EMPIRE GAMES EVENTS

Packet Pick Up Party

Event: Pick up information and T-shirts

Location: Fifth Street Senior Center, 600 West 5th Street, San Bernardino

Date: Friday, October 3rd

Time: 1 pm to 5 pm

Dance: 3:30 pm – 5 pm (FREE)

Art

Sponsored By Plymouth Village

Media: Oil, acrylics, watercolors, mixed media, pencil, ink, collage, ceramics, photography and /or wood may be submitted.

Location: Plymouth Village

Date: Friday, October 3rd

Observance: Friday, October 3rd, Monday, October 6th - Thursday, October 9th

Time: 11 am - 4 pm **\$8 Per Art Work (Not To Exceed 3 Art Pieces)**

Delivery of Art: Hand deliver to Plymouth Village 120 East Palm Avenue, Redlands, CA Friday, October 3rd, 11 am – 4 pm. Telephone (909) 384-5430 or (909) 793-1233 x1290

Awards Ceremony: Will be held on Thursday, October 9th, at 11 am at Plymouth Village, 120 east Palm Avenue, Redlands, California. Refreshments will be provided.

Tennis

Event: Singles, Doubles, Mixed Doubles

Location: Perris Hill Park, 607 East Highland, San Bernardino

Date: Saturday, October 4th

Time: 8 am - 4 pm

\$8 Per Person/Per Event

Rules: Matches shall consist of two sets using regular scoring. If there is a tie at one set apiece, a 12-point tiebreaker will be used to determine the winner.

5K, 10K Walk or Run

Event: 5K Walk or Run, 10K Walk or Run (5k = 12 laps, 10k = 24 laps)

Location: Drayson Center, 25040 Stewart Street, Loma Linda

Date: Sunday, October 5th

Check In: 7:30 am **Start Time:** 8 am

\$8 Per Person/Per Event

Rules: USA Track Rules apply. Individual medals to top three men and women in each age division.

Basketball & Free Throw

Event: 3-on-3 Half Court, Free Throw

Location: Drayson Center, 25040 Stewart Street, Loma Linda **Check In:** 8:30 am

Date: Sunday, October 5th **Start Time:** 9 am 3-on-3 - **\$180 Per Team**

(IESG Contribution of \$15 Does Not Apply)

3-on-3 Half Court Competition

Age division will be determined by the age of the youngest team member. Each player must complete an individual entry form and sign the liability waiver. Teams must be the same sex. All registration and team rules apply to non-playing coaches, non-playing captains, and non-playing personnel. Non-playing coach/captains must sign the liability waiver. The number of entries per division will determine tournament format.

Free Throw: Four minutes is your limited time. You have three warm up shots, if desired. Twenty-five continuous shots. One point for each shot that is made.

Swimming

Event: See Application for Event Listings

Location: Tom Sawyer Swim Center, 1243 South Riverside Ave, Rialto

Date: Sunday, October 5th **Start Time:** 1 pm **\$8 Per Person/Per Event**

Rules: Swimmers must provide their own suits, caps, goggles, towels, etc. **No More Than 4 Events**

Billiards

Event: 8-Ball

Location: Pool Club, 1946 South "E" Street, San Bernardino

Date: Monday, October 6th **Start Time:** 1 pm **\$8 Per Person**

Tournament format will be based upon number of entries per division. An overall championship round will be played following the age division brackets.

Horseshoes

Event: Open

Location: Perris Hill Horseshoe Pitts, 780 East 21st Street, San Bernardino

Date: Tuesday, October 7th **Start Time:** 9 am **\$8 Per Person / Per Event**

Rules: 40 shoes Per Person; No Leaners; Ringer 3 points (Each player's rings cancel points – Consecutive); Shoe within 1 shoe reach, closest gets 1 pt.

Golf: 18 Hole

Event: 18 Hole

Location: San Bernardino Golf Course, 1494 S Waterman Ave, San Bernardino, CA 92408

Date: Wednesday, October 8th

Time: 8 am - Check in / 9 am Tee Time

Format: Scratch \$75 Per Person (IESG Contribution of \$15 Does Not Apply)

Rules: Rules will be sent out when application is approved. SHIRTS WILL BE DISPENSED AT GOLF TOURNAMENT. SHIRTS WILL NOT BE GIVEN OUT AT PACKET PICK UP PARTY.

Closing Ceremonies

MEXICAN FIESTA



When:

Friday, October 10, 2014

Cost:

\$10.00 Per Ticket

Time:

5:00 pm to 9:00 pm

Ages:

Open to the Public

Location:

Fifth Street Senior Center
600 West 5th Street
San Bernardino, CA 92401



Come join us as we celebrate the Grand Finale of the Senior Games. Enjoy Fine Mexican Cuisine, catered by Plymouth Village with Live DJ by Sal's Entertainment.

You may purchase tickets at the Fifth Street Senior Center located at 600 W. 5th Street, San Bernardino CA 92410.

FOR MORE INFORMATION PLEASE CALL (909) 384-5430





2014 Inland Empire Senior Games Form

Deadline: September 25, 2014

Male _____ Female _____



Last Name	First Name	Age (as of 12/31/11)	Birthdate
Street Address	City	State	Zip
Emergency Contact (Name and Telephone)			T-Shirt Size
Email Address		Confirmation By: Phone or Mailed	

I will attend the following events:

PACKET PICK UP PARTY

Oct. 3rd, 1-5pm _____

ART (Open Competition) (Fee) \$8 Per Art Work

___ Oil	___ Acrylic	___ Watercolor
___ Mixed Media	___ Wood	___ Pencil
___ Ink	___ Collage	___ Ceramics
		___ Photography

BASKETBALL (Each Member Must Submit An Individual Application & Entry Fee)

___ Free Throw (Fee) \$8

___ 3 on 3 (\$180 Per Team) **(IESG Registration of \$15 Does Not Apply)**

Team Name _____ **Captain** _____

BILLIARDS ___ (Open Competition) (Fee) \$8

GOLF ___ \$75 (OPEN TOURNAMENT)

HORSESHOE PITCHING ___ Singles (\$8) ___ Doubles ___ (\$8) (Men & Women)

SWIMMING \$8 Per Person/ Per Event (Choose As Many Events As You Would Like)

___ 400m Free	___ 50m Breast	___ 100m Fly	___ 50m Free	___ 100m Back
___ 200m IM	___ 50m Fly	___ 100m Free	___ 50m Back	___ 100m Breast
___ 100 IM	___ 200m Back			

TENNIS

___ Singles (\$8)

___ Doubles (\$8) **Partner's Name** _____ (\$8)

___ Mixed Double **Partner's Name** _____ (\$8)

WALK ___ 5k (\$8) ___ 10k (\$8)

RUN ___ 5k (\$8) ___ 10k (\$8)

CLOSING CEREMONIES

Oct. 10th 5:00 pm to 9:00 pm

___ \$10 Per Ticket

___ \$75 Per Table (8 Per Table)

**2014 INLAND EMPIRE SENIOR
GAMES FORM (PAGE 2)**

Participants Registration Includes:

- *Game Shirt
- *Goody Bag
- *Medals, Prizes & Awards
- *Printed Publication
- *Entry Booklet
- *Confirmation Packet
- *Official Programs
- *Emergency Medical
- *\$10 Grand Finale Dance

Venues Include:

- *On Site Refreshments
(most venues)
- *Scoring & Time Devices
- *Personnel & Equipment

- *Officials & Score Keepers
- *Packet Pick-Up Party

Registration Fee	\$ <u>15.00</u>
Total Event	\$ _____
Endowment Fund Donation (Tax deductible)	\$ _____
# Grand Finale Dinner Dance Tickets	<input type="checkbox"/>
@ \$10 Per Person	<input type="checkbox"/>
 Total Enclosed	 \$ _____

Make check or money order payable to City of San Bernardino and mail to:

**2014 Inland Empire Senior Games
600 West Fifth Street
San Bernardino, CA 92410
Attn: IESG Application Process
(Please do not send cash. Returned check fee is \$26)**

OFFICE USE ONLY
Receipt # _____
Staff Initial _____
Date Received _____

PHOTO & FILM WAIVER: I hereby grant full permission to the sponsor, their agents and employees and representatives to use my name, voice, and/or picture or film in any broadcast, telecast, advertising, promotion or other use in relation to the Inland Empire Senior Games. **LIABILITY WAIVER:** I, the undersigned participant, hereby agree to indemnify and hold harmless the organizers of the Inland Empire Senior Games (IESG), hereinafter sometimes referred to as sponsor, their agents, employees, and representatives and assigns, from any and all action or claims of whatsoever kind or nature which I or my representatives or assign may have or at any time in the future have due to any injury or property damage arising out of my participation in the IESG. I understand and agree that any dispute over injury or property damage caused by myself or another participant must be settled between the individuals. I warrant and represent the organizer that I have prepared myself for the event(s) which I have entered by practicing the same prior to my participation. I warrant and represent that I am in good physical health and condition; I am physically able to complete in the event(s), and know of no physical restriction whatsoever which would prohibit my participation on the IESG. I have been advised by the organizer that it would be in my best interest to consult a physician prior to my preparation for participation in this event. I recognize and understand that preparation and competition may necessitate strenuous physical activity and could possibly activate an unrecognized preexisting health conditions which I may have, thereby resulting in serious or life threatening physical harm to me. The organizer has my permission to have a physician treat me during my participation in the IESG.

***EVENTS, VENUES SITES, AND TIMES ARE SUBJECT TO CHANGE WITHOUT NOTICE.**
I have read this document, I understand it is a release of all claims and I assume all risks inherent in this event.

Signature _____ **Date** _____

Place a check by your team's sport

Basketball 3 on 3 (\$180 Per Team)

Men **Women**

Corporate team (9+coach) \$500
Unlimited event entries (exceptions
Art, Dancing, Golf & Basketball) includes 1
Dinner/Dance ticket

PAYMENT INFORMATION

- Total Team Entry Fees (Event/Team/Registration)
- Donation to Senior Games (THANK YOU! ☺)

Total Amount Enclosed:
MAKE CHECKS PAYABLE TO:
City of San Bernardino – 2014 IESG

Team Roster(Forms may be Duplicated)

Name	Age	T-Shirt	City of Residence (include state)
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			

Basketball Event

Co-Sponsored By:

Loma Linda Drayson Center

ART COMPETITION

October 6th – October 9th

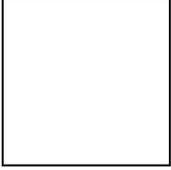
- Chairman:** Connie Garret (909) 793-1233, x142
- Location:** Plymouth Village, Kendall Place, 120 E. Palm Avenue, Redlands
- Fee:** \$15 registration fee as a Senior Games Participants. Plus, artists may submit up to three entries for an additional \$8 per art work.
- Application:** You must file an Official Senior Games Application with the City of San Bernardino Parks, Recreation and Community Services Department before delivering your artwork to Plymouth Village. Applications may be picked up and returned to The Fifth Street Senior Center, 600 West 5th Street, San Bernardino, CA 92410, or you may request an application be mailed to you. Entry deadline is September 25, 2014.
- Media Specifications:**
Oil, acrylics, watercolors, mixed media, pencil, ink, collage, ceramics, photography, and/or wood may be submitted. Watercolors and graphics must be under glass or plexiglass. All artwork must have screw-eyes and wire attached ¼” (one-fourth) from the top of the frame. All artwork must be framed. Oversized artwork will be displayed at the discretion of the Chairman.
- Delivery of Art:** Hand-deliver art to Plymouth Village, 120 E. Palm Avenue, Redlands, CA, October 3rd, 11 am - 4 pm.
- Exhibition Dates:** Artwork will be displayed at Plymouth Village, October 6th - October 9th, 11 am - 4 pm. Awards Ceremony will be held on Thursday, October 6th at 11 am at Plymouth Village. All artwork must be picked-up immediately following the ceremony. Present I.D. to retrieve your artwork.
- Liability:** All reasonable care will be taken to assure proper handling of entries, but the City of San Bernardino Parks, Recreation and Community Services Department and Plymouth Village do not assume responsibility for damage or loss.
- Directions:** From the eastbound 10 Freeway, take the Ford Street Exit and turn right. Turn right again at the light (Redlands Boulevard). Turn left at the second light (Palm Avenue). Plymouth Village’s Kendall Place is on the left side of the street at the corner of Salem Drive. –120 East Palm Avenue, Redlands, CA 92373

**2014 Inland Empire Senior Art Competition
ART WORK DESCRIPTION**

Name _____ Age _____ Phone _____

Address _____ City _____ Zip _____

ART DESCRIPTION Medium)



Oil _____ Acrylic _____ Watercolor _____
Mixed Media _____ Pencil _____ Ink _____
Collage _____ Ceramics _____ Wood _____

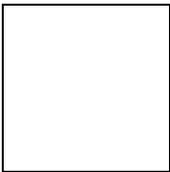
Title: _____

Price: _____ Frame Size: _____

Name _____ Age _____ Phone _____

Address _____ City _____ Zip _____

ART DESCRIPTION Medium)



Oil _____ Acrylic _____ Watercolor _____
Mixed Media _____ Pencil _____ Ink _____
Collage _____ Ceramics _____ Wood _____

Title: _____

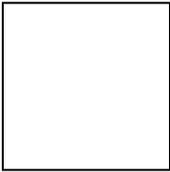
Price: _____ Frame Size: _____

.....

Name _____ Age _____ Phone _____

Address _____ City _____ Zip _____

ART DESCRIPTION Medium)



Oil _____ Acrylic _____ Watercolor _____
Mixed Media _____ Pencil _____ Ink _____
Collage _____ Ceramics _____ Wood _____

Title: _____

Price: _____ Frame Size: _____

Photography Is Exhibition Only

Inland Empire Senior Games



.....Winners All

Inland Empire Senior Games
600 W. 5th Street
San Bernardino, CA 92410
001-380-0076-5175